

CV
ANDREW PRZYBYLSKI

EDUCATION

2009 – 2011 Ph.D., Department of Clinical and Social Sciences in Psychology, University of Rochester
2006 – 2009 M.A., Department of Clinical and Social Sciences in Psychology, University of Rochester
2000 – 2004 B.A., Department of Clinical and Social Sciences in Psychology, University of Rochester

CURRENT AND PREVIOUS ACADEMIC POSITIONS AND UNIVERSITY FELLOWSHIPS

2017 – Associate Professor, University of Oxford, UK
2017 – Senior Research Fellow, University of Oxford, UK
2017 – Faculty of Experimental Psychology, University of Oxford, UK
2013 – 2016 Research Fellow, Assistant Professor, University of Oxford, UK
2013 – Faculty of the Oxford Internet Institute, University of Oxford, UK
2012 – 2013 University Lecturer, Department of Psychology, University of Essex, UK
2011 – 2012 Visiting Research Fellow, Department of Psychology, University of Essex, UK

SELECTED RELATED LEAD AND CO-LEAD AUTHOR ACADEMIC PUBLICATIONS (2016 –)

- Przybylski, A. K., Orben, A., & Weinstein, N.** (*In Press*). How much is too much? Examining the relationship between digital screen engagement and psychosocial functioning in a representative cohort study. *Journal of the American Academy of Child & Adolescent Psychiatry*.
- Przybylski, A. K., & Weinstein, N.** (*In Press*). Investigating the Motivational and Psychosocial Dynamics of Dysregulated Gaming: Evidence from a Preregistered Cohort Study. *Clinical Psychological Science*.
- Orben, A., Dienlin, T., & Przybylski, A. K.** (2019). Social media's enduring effect on adolescent life satisfaction. *Proceedings of the National Academy of Sciences*, 116(21), 10226–10228.
<https://doi.org/10.1073/pnas.1902058116>
- Przybylski, A. K., & Weinstein, N.** (2019). Violent video game engagement is not associated with adolescents' aggressive behaviour: evidence from a registered report. *Royal Society Open Science*, 6(2), 171474. <https://doi.org/10.1098/rsos.171474>
- Przybylski, A. K.** (2018). Digital Screen Time and Pediatric Sleep: Evidence from a Preregistered Cohort Study. *The Journal of Pediatrics*. <https://doi.org/10.1016/j.jpeds.2018.09.054>
- Przybylski, A. K., & Nash, V.** (2018). Internet Filtering and Adolescent Exposure to Online Sexual Material. *Cyberpsychology, Behavior and Social Networking*, 21(7), 405–410.
<https://doi.org/10.1089/cyber.2017.0466>
- Przybylski, A. K., & Weinstein, N.** (2017). Digital Screen Time Limits and Young Children's Psychological Well-Being: Evidence From a Population-Based Study. *Child Development*.
<https://doi.org/10.1111/cdev.13007>
- Przybylski, A. K., & Nash, V.** (2017). Internet Filtering Technology and Aversive Online Experiences in Adolescents. *The Journal of Pediatrics*, 184, 215–219.e1. <https://doi.org/10.1016/j.jpeds.2017.01.063>
- Przybylski, A. K., & Bowes, L.** (2017). Cyberbullying and adolescent well-being in England: a population-based cross-sectional study. *The Lancet Child & Adolescent Health*, 1(1), 19–26.
[https://doi.org/10.1016/S2352-4642\(17\)30011-1](https://doi.org/10.1016/S2352-4642(17)30011-1)
- Przybylski, A. K., & Weinstein, N.** (2017). A Large-Scale Test of the Goldilocks Hypothesis: Quantifying the Relations Between Digital-Screen Use and the Mental Well-Being of Adolescents. *Psychological Science*, 28(2), 204–215. <https://doi.org/10.1177/0956797616678438>
- Przybylski, A. K., Weinstein, N., & Murayama, K.** (2017). Open Scientific Practices Are the Way Forward for Internet Gaming Disorder Research: Response to Yao et al. *American Journal of Psychiatry*, 174(5), 487–487. <https://doi.org/10.1176/appi.ajp.2017.16121346r>
- Przybylski, A. K., Weinstein, N., & Murayama, K.** (2016). Internet Gaming Disorder: Investigating the Clinical Relevance of a New Phenomenon. *American Journal of Psychiatry*.
<https://doi.org/10.1176/appi.ajp.2016.16020224>
- Przybylski, A. K., & Wang, J. C.** (2016). A large-scale test of the gaming-enhancement hypothesis. *PeerJ*, 4, e2710. <https://doi.org/10.7717/peerj.2710>
- Przybylski, A. K.** (2016). Mischievous responding in Internet Gaming Disorder research. *PeerJ*, 4, e2401. <https://doi.org/10.7717/peerj.2401>

- Przybylski, A. K., & Mishkin, A. F.** (2016). How the quantity and quality of electronic gaming relates to adolescents' academic engagement and psychosocial adjustment. *Psychology of Popular Media Culture*, 5(2), 145–156. <https://doi.org/10.1037/ppm0000070>
- Przybylski, A. K., & Weinstein, N.** (2016). How we see electronic games. *PeerJ*, 4, e1931. <https://doi.org/10.7717/peerj.1931>

SELECTED RELATED SUPPORTING AUTHOR ACADEMIC PUBLICATIONS (2016 –)

- Orben, A., & **Przybylski, A. K.** (2019). Screens, Teens, and Psychological Well-Being: Evidence From Three Time-Use-Diary Studies. *Psychological Science*, 095679761983032. <https://doi.org/10.1177/0956797619830329>
- Orben, A., & **Przybylski, A. K.** (2019). The association between adolescent well-being and digital technology use. *Nature Human Behaviour*. <https://doi.org/10.1038/s41562-018-0506-1>
- Weinstein, N., & **Przybylski, A. K.** (2019). The impacts of motivational framing of technology restrictions on adolescent concealment: Evidence from a preregistered experimental study. *Computers in Human Behavior*, 90, 170–180. <https://doi.org/10.1016/j.chb.2018.08.053>
- Weinstein, N., & **Przybylski, A. K.** (2019). The impacts of motivational framing of technology restrictions on adolescent concealment: Evidence from a preregistered experimental study. *Computers in Human Behavior*, 90, 170–180. <https://doi.org/10.1016/j.chb.2018.08.053>
- Legate, N., Weinstein, N., & **Przybylski, A. K.** (2018). Parenting Strategies and Adolescents' Cyberbullying Behaviors: Evidence from a Preregistered Study of Parent–Child Dyads. *Journal of Youth and Adolescence*. <https://doi.org/10.1007/s10964-018-0962-y>
- Elson, M., & **Przybylski, A. K.** (2017). The Science of Technology and Human Behavior: Standards, Old and New. *Journal of Media Psychology*, 29(1), 1–7. <https://doi.org/10.1027/1864-1105/a000212>

SELECTED RELATED POLICY and EDITORIAL PUBLICATIONS (2016 –)

- Przybylski, A. K., & Orben, A.** (2019, July 7). We're told that too much screen time hurts our kids. Where's the evidence? *The Guardian*. Retrieved from: <https://tinyurl.com/observer-oped>
- Przybylski, A. K., Weinstein, N., Orben, A. C., & Etchells, P. J.** (2019). *Evidence for the DCMS committee on addictive technologies*. Retrieved from: <https://tinyurl.com/dcms-addiction>
- Przybylski, A. K., & Etchells, P.** (2019, January 31). We won't know if screen time is a hazard until Facebook comes clean. *Wired UK*. Retrieved from: <https://tinyurl.com/wired-fb>
- Przybylski, A. K., Weinstein, N., & Orben, A. C.** (2018). *Evidence for the Science and Technology Committee on the impact of social media and screen-use on young people's health*. Retrieved from: <https://tinyurl.com/stc-wellbeing>

SELECTED RELATED RESEARCH FUNDING (2016 –)

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| 2019 – 2022 | <i>Understanding Global Trends in Child and Adolescent Well-Being in the Digital Age</i> . The Huo Family Foundation (██████████; PI) |
| 2018 – 2019 | <i>Mapping the Effects of Digital Technology Use on Disadvantaged Children's Psychological Well-Being</i> . Barnardo's Children's Charities (██████████; Co-PI) |
| 2018 – 2019 | <i>Understanding Society Policy Fellowship: Building Robust Evidence-Based Policy for Children in the Digital Age</i> . U.K. Economic and Social Research Council (£55,000; PI) |
| 2017 – 2018 | <i>Internet Filtering Effectiveness and Adolescent Exposure to Online Sexual Material</i> . British Academy (██████████; PI) |
| 2017 – 2018 | ██ The Diana Award (██████████; PI) |
| 2017 – 2018 | <i>A Registered Reports Approach to Adolescent Video Gaming and Aggressive Behaviour</i> . University of Oxford John Fell Fund (██████████; PI) |